

TDCJ FOOD ALLERGIES
As of 5/24/2017

The foods listed below are approved to be entered as an allergy in Pearl. The food must be selected from the first search screen when adding an allergy. Once it has been added to the allergy list, the red A will change to a non-check symbol to indicate it will not be checked with medications for any reactions or contra-indications. The food allergy will be transmitted to TDCJ at midnight.

Almonds	Melons (use for watermelon and cantaloupe)
Apples	Mushrooms
Bananas	Mustard Greens
Beef	Okra
Black Pepper	Oranges
Blueberries	Peanuts
Broccoli	Peas
Cabbage	Pecans
Carrots	Pectin/Jelly
Chicken	Pineapple
Coconut	Pistachios
Collard Greens	Pork
Corn	Red Dye
Cucumbers	Rice
Dairy Products (use for Lactose Intolerant)	Soy
Eggs/Mayonnaise	Spinach
Fish	Squash
Grapes	Strawberries
Green Beans	Sweet Potatoes
Green Pepper	Tomatoes
Legumes	Turkey
Lettuce	Turnips
Mangos	Vinegar